

RowOn Beach Sprint Cup Series 2026 — U19 WOMEN STANDINGS

Sorted by total points. Updates automatically when results are entered in the Results sheet.

Rank	Athlete	Club	Cup #1 Jun 20	Cup #2 Aug 22	Cup #3 Aug 29	Cup #4 Sep 19	Total Points	Events Attended
<i>Requires Microsoft 365 or Excel 2021+. If cells show errors, verify your Excel version.</i>								

1	Naomi Cousins	Ridley College Rowing	60	150	0	0	210	2
2	Natalie Bellerby	Don RC	125	0	0	0	125	1
3	Rose LaFrance	Brockville RC	0	125	0	0	125	1
4	Zoey Van Gulck	Kingston RC	0	85	0	0	85	1
5	Frances Berry	Brockville RC	0	80	0	0	80	1
6	Autumn Prior	Orillia RC	75	0	0	0	75	1
7	Isabelle Austen	St. Catharines RC	75	0	0	0	75	1
8	Ashley De Silva Piques	St. Catharines RC	65	0	0	0	65	1
9	Kiran Rodgers	Elizabeth City RC	0	65	0	0	65	1
10	Elizabeth Brown	Elizabeth City RC	0	55	0	0	55	1
11	Violet Najjar	Don RC	55	0	0	0	55	1
12	Eden Helmstaedt	Kingston RC	0	25	0	0	25	1
13	Faye Bowen	Ridley College Rowing	25	0	0	0	25	1
14	Gabriella Oleschuk	Kingston RC	0	25	0	0	25	1
15	Isabella St. John	Brockville RC	0	25	0	0	25	1
16	Madeleine Oabel	Ridley College Rowing	25	0	0	0	25	1
17	Mica Mulligan	Kingston RC	0	25	0	0	25	1
18	Michelle Gao	Ridley College Rowing	25	0	0	0	25	1
19	Sloane Fournier	Brockville RC	0	25	0	0	25	1
20	Willow Shepherd	Orillia RC	25	0	0	0	25	1
21	Kate Taylor	Brockville RC	0	15	0	0	15	1
22	Natalie Simpson	Ridley College Rowing	15	0	0	0	15	1
23	Paisley MacDonald	Cambridge RC	15	0	0	0	15	1
24	Yiwen Zhao	Ridley College Rowing	15	0	0	0	15	1