



Team Selection Policy

Scope

This policy applies to all Row Ontario Team Selection processes, applying to all athletes who express an interest or an ability to potentially represent Row Ontario at any event.

Policy

Row Ontario strives to ensure that all athletes who are registered and affiliated with rowing clubs who are members in good standing of Row Ontario, have equal opportunity to be considered for selection for any team representing Row Ontario at any level.

Row Ontario will set fair procedures in place to allow athletes opportunities to demonstrate that they meet a specific level of technical skill, fitness, and competition performance. Athletes will be evaluated and ranked based on Performance Evaluation Races and RADAR scores. In some cases, Training Camp participation and performance may be factors in final team selection.

We will strive to ensure that all athletes are aware of the opportunity to be considered for selection. We will work with individuals, if required, to address any reasonable barriers they may encounter to having opportunities to demonstrate readiness to participate on a team.

Base requirements to participate on any Row Ontario team include:

- Current registered member
- Ontario residency (if away at school, maintaining an Ontario residency as their home address)
- Must not be under investigation, suspension, or other sanctions related to Row Ontario's Harassment, Discipline & Complaints Policy
- Must commit to sign an Athlete Agreement adhering to Row Ontario policies and Code of Conduct as well as any Athlete Agreements required for the designated event.

Additionally, potential participants for specific individual teams may be required to meet certain guidelines as laid out by the competition they are preparing for, such as age requirements. They will also be required to be available for the entire date range as laid out by Row Ontario when the opportunity is presented to athletes.

Special Circumstances

If because of injury, illness, prohibitive causes or extenuating circumstances, an athlete is unable to meet any of the requirements in the selection procedure, the athlete may still be considered for a Row Ontario team. They must advise the Row Ontario Performance Director in writing of the injury, illness, cause, or circumstance as soon as possible. In case of illness or injury, a medical report from a doctor must also be submitted.

Appeals

Decisions made pursuant to this Selection Policy may be appealed in accordance with the Row Ontario Appeals Policy located on the Row Ontario website.

*Board approved last: November 2023
To be reviewed by: June 2026*

Operational Procedures

Awareness of Opportunity

Once team opportunities have been identified, Row Ontario will make every effort possible to share the information both specifically with potential participants and broadly through the Row Ontario clubs and membership. The opportunity will be shared on Row Ontario's website, social media accounts and in the newsletter. Additionally, the High Performance Manager will be available to answer any questions or inquiries about the opportunity.

In all communication regarding the opportunity, the associated deadlines will be clearly communicated.

Selection Guidelines will be developed for each team opportunity, sample selection criteria that may be considered includes the following.

Rower

- Ranking following Performance Evaluation Races based on results,
- RADAR scores,
- Seat Racing results,
- Technical skill and ability to match other athletes and,
- Lightweight athletes should be prepared to make the following maximum weights during selection – Males 72.5Kg, Females 59Kg; Weight control and weight management plan could be factors in selection.

Coxswain

1. Shell control, steering,
2. Ability to manage crew and execute plan in practice and racing,
3. Leadership during on and off-water practices,
4. Coach's analysis of voice recorded practices and races,
5. Ability to work with rowing related technologies,
6. Compatibility with athletes and coaches, and
7. Weight control and weight management plan, and
8. Experience and success.

(Note Voice recordings may be requested to assist in evaluating selection criteria)

Last reviewed: September 2023