

**ROWONTARIO**  
**Claude Saunders Award**

The *Claude Saunders Award* is a monetary award awarded to both an athlete and their Club.

The award is presented annually to a competitive junior athlete, who is a registered participant of Row Ontario, that has exhibited distinguished and exemplary volunteer service to both their club and to the sport of rowing.

Question	Scoring
Number of years rowing?	0-2 Years: 1pt 3+ Years: 2pts
List of significant rowing achievements or contributions  Example: <ul style="list-style-type: none"> <li>• Additional awards / recognitions</li> <li>• Performance improvements from previous year</li> <li>• Member of provincial or national teams</li> </ul>	Up to 5pts will be awarded for each achievement or contribution
Describe the leadership and community/club involvement demonstrated by the nominee.  Examples: <ul style="list-style-type: none"> <li>• Contributing to growth of a program or programs</li> <li>• Interaction with crew members and with other programs of the club</li> <li>• commitment to personal development, teamwork and supporting the development of others</li> <li>• community service/volunteering beyond participation in rowing</li> <li>• integrity both on and off the water</li> </ul>	Up to 5pts will be awarded for each achievement or contribution
Written expressions of admiration, respect, or thanks by athletes and/or peers.	Up to 5pts based on answer (at discretion of the RO Awards Committee)
Provide any additional information that should be considered.	Up to 5pts based on answer (at discretion of the RO Awards Committee)
	TOTAL=

***LEADING CHANGE*** ***INSPIRING EXCELLENCE***