

ROWONTARIO
2019 Recreational / LTR Coach of the Year

Good coaches are crucial to the development of our sport. Recreational and Learn to Row coaches often guide the basic introductory rowing experience for our new members and are key to membership growth. This award recognizes coaching role models in the community that focus on creating inspiring environments and a life-long desire to be fit and active.

The *Recreational / LTR Coach of the Year* shall be a registered participant in good standing of ROWONTARIO. Over the past year he/she will have coached in a non-competitive program of a member club.

Question	Scoring
List the non-competitive programs coached this season.	Per Program: 1
Coach certification status.	NCCP Courses (Learn to Row) Former Levels: 1pt Trained: 3pts Certified: 4pts
Please describe the leadership demonstrated by the nominee this season. Examples: <ul style="list-style-type: none"> • Innovative program ideas • Contributing to the growth of a program • Willingness to help athletes outside of scheduled trainings • Interaction with other groups/programs at the club • Taking on a non-coaching role within the club • Mentoring other coaches or rowing club members 	Up to 5pts based on answer (at discretion of the RO Awards Committee)
Please explain how the nominee has successfully impacted athletes' performance and desire to continue to row. Examples:	Up to 5pts based on answer (at discretion of the RO Awards Committee)

<ul style="list-style-type: none"> • Creation of inspiring and motivating training environment • Improved performance in program athletes • Tailored training plans to reflect athletes' goals and fitness levels • Retention of athletes beyond recreational and LTR programs 	
<p>Written expressions of admiration, respect, or thanks by athletes and/or peers.</p>	<p>Up to 5pts based on answer (at discretion of the RO Awards Committee)</p>
<p>Please provide any additional information that should be considered for the nomination.</p>	<p>Up to 5pts based on answer (at discretion of the RO Awards Committee)</p>
	<p>Total =</p>