



Coach Certification Policy

Effective April 1, 2019

Scope

This policy applies to all Row Ontario Member Clubs with regards to the individuals who are registered with Rowing Canada Aviron (RCA) under the Coach role.

Definitions

Coach – Anyone with an ongoing relationship to rowing participants and/or athletes at any level of rowing where the goal is development through providing instruction and/or training focused on rowing. Development and training can include any combination of technical, physiological, psychological, or tactical areas.

Policy

Only NCCP certified coaches or those working towards certification (as per the timelines listed on Row Ontario procedures) will coach at Member Clubs.

Board approved last: July 17, 2018

To be reviewed by: July 2021



Operational Procedures

1. All coaches prior to commencing their duties in that role, must meet and maintain the following requirements as listed below:

Requirement	Renewal	Tracking Mechanism
Active registration with a Row Ontario Member Club in the “Coach” role	Annual	RCA Web Registration System
Safety Training	Annual	Administered and Tracked by Club Verification Report to Row Ontario as requested
Pleasure Craft Operators Card*and any other related certification locally required. *If supervising participants on-the-water and operating a pleasure craft.	Initial Certification Only	Upload to Coach Education Database
Standard First Aid & minimum CPR A Certification	Every 3 years	Upload to RCA Coach Education Database
Enhanced Police Information Check or Vulnerable Sector Screening* *Minimally, a VSS is required if supervising participants under the age of 18.	Minimum initial report; ongoing annual declarations	Tracked by Club Verification Report to Row Ontario as requested
CAC Safe Sport Training	Initial Certification Only	Automatically tracked in the NCCP Locker
NCCP Coach Initiation in Sport online module	Initial Certification Only	Automatically tracked in the NCCP Locker

2. All coaches will have three (3) years to achieve NCCP Certification, upon registering with a Row Ontario member club in the “Coach” role for the first time. (Therefore, anyone in who is registered in the Coach role in April 2019 should be on track to be fully certified by April 2022.)



3. Coaches working with participants in a non-competitive context are required to be certified in the NCCP-Instruction context by following the RCA Learn to Row Coach Pathway.

For the purposes of the charts below, Year 1 = within your first year of coaching calculated from the registration start date as coach identified in Web Reg.

NCCP-Instruction: RCA Learn to Row Coach Pathway

Timeline	Requirement(s)	NCCP Status
Prior to Coaching	Requirements as outlined above	N/A
Year 1	LTR Coach workshop	Trained
Year 2	Active Coaching	Trained
Year 3	LTR Coach Evaluation	Certified
Subsequent Years	10 PD Points earned every 5 years	Maintenance of Certification

B) Competitive coaches are to achieve certification in the NCCP-Competition context by following either the RCA Coach or RCA Performance Coach Pathway.

NCCP-Competition Introduction: RCA Coach Pathway

Timeline	Requirement(s)	NCCP Status
Prior to Coaching	Requirements as outlined above	N/A
Year 1	RCA Coach Weekend #1 workshop	In Training
Year 2	RCA Coach Weekend #2 workshop	Trained
Year 3	RCA Coach Evaluation	Certified
Subsequent Years	20 PD Points earned every 5 years	Maintenance of Certification



NCCP-Competition Development: RCA Performance Coach Pathway

Timeline	Requirement(s)	NCCP Status
Prior to Coaching	Requirements as outlined above	N/A
Year 1	RCA Performance Coach workshop (including portfolio) <u>OR</u> NCCP Multisport Modules*	In Training
Year 2	RCA Performance Coach workshop (including portfolio) <u>OR</u> NCCP Multisport Modules*	Trained
Year 3	RCA Performance Coach Evaluations	Certified
Subsequent Years	30 PD Points / 5 Years	Maintenance of Certification

*NCCP Multisport Modules required for RCA Performance Coach:

1. Coaching and Leading Effectively	2. Managing Conflict
3. Leading Drug-Free Sport	4. Psychology of Performance
5. Developing Athletic Abilities	6. Prevention and Recovery
7. Make Ethical Decisions	

4. All coaches are responsible for maintaining their NCCP certification, once achieved, by fulfilling the Professional Development Points requirement established by the Coaches Association of Canada.

Last reviewed: July 21, 2020