



ROWONTARIO MASTERS CHAMPIONSHIPS

July 15th, 2018

Hosted by the City of Welland

Welland International Flatwater Centre North Course
16 Townline Tunnel Rd. Welland, ON L3C 2T4

OFFICIAL REGATTA INFORMATION PACKAGE

Regatta Chair: Judy Sutcliffe

Regatta Manager: Andrea Miller

Chief Umpire: Franc Tomsic Jr.

NEW IN 2018!

- Entry-based fee structure, in accordance with the new RCA and ROWONTARIO Membership Models
- Revised event list and order of events based on a multi-year review of entries by age category, as presented at the 2017 ROWONTARIO Training Conference
- **Parent-Child 2x** event added with day-of registration deadline
- Open practice time before races on Sunday AM as well as Saturday afternoon
- New annual review process by task force to review events and enhance overall regatta experience

REGATTA INFORMATION

The ROWONTARIO Championships Regatta is a six-lane 1000m sprint race. The WIFC North Course provides a state of the art, fully accessible venue to host a world class regatta.

Please see Regatta Central for all maps, including:

- On-Land Traffic Pattern (for launching/returning)
- On-Water Traffic Pattern (for warm-up, racing and cool-down)
- On-Site Facilities
- Parking Information



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ORDER OF EVENTS

1. Men's Lightweight 1x
2. Women's Lightweight 1x
3. Men's Pair
4. Women's Pair
5. Men's D+ 4x
6. Women's D+ 4x
7. Men's AA-B 1x
8. Women's AA-A 1x
9. Women's B 1x
10. Men's C 1x
11. Women's C 1x
12. Men's D 1x
13. Women's D 1x
14. Men's E 1x
15. Women's E+ 1x
16. Men's F 1x
17. Men's G 1x
18. Men's H+ 1x
19. Women's C 4+
20. Women's D+ 4+
21. Men's AA-B 2x
22. Women's C 2x
23. Women's D 2x
24. Women's E+ 2x
25. Men's AA-B 8+
26. Men's C+ 8+
27. Men's AA-C 4x
28. Women's AA-B 4x
29. Mixed AA-C 2x
30. Mixed D+ 2x
31. Women's Lightweight 2x
32. Men's Lightweight 2x
33. Women's AA-A 4+
34. Women's B 4+
35. Women's AA-B 2x
36. Men's AA-B 4+
37. Men's C-D 4+
38. Men's E+ 4+
39. Women's C 4x
40. Men's C 2x
41. Men's D 2x
42. Men's E 2x
43. Men's F 2x
44. Men's G+ 2x
45. Women's AA-B 8+
46. Women's C+ 8+
- 30-minute BREAK**
47. Mixed 4x
48. Mixed 8+
49. Parent-Child 2x

REGATTA SCHEDULE INFORMATION

COACHES MEETING: SUNDAY JULY 15TH @ 8:00AM

A minimum of one representative from each participating Club **must** attend the Coaches Meeting at 8:00AM on Sunday July 15th for instructions from the Regatta Chair and Chief Umpire, as per RCA Rule 8.6. Clubs that do not sign in at the Coaches Meeting may be issued a Yellow Card or may not be permitted to race. Regatta packages, including complimentary copies of the race draw, parking passes and trailer passes will only be distributed at the Coaches Meeting. The Club representative in attendance is responsible for conveying all information from the Coaches Meeting to all participating athletes, coaches and spectators. All participants are expected to be familiar with the information conveyed at the Coaches Meeting.

The 1st race of each day will be scheduled no earlier than 9:00am.



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The minimum race interval will be 5 minutes. A 30-minute window will be scheduled before the Mixed 4x's to allow for recovery.

Crews will not be permitted to launch more than 45 minutes or less than 20 minutes before the posted start time of the relevant race.

- ***Wet-Launching***

Crews who wish to “wet-launch”, rather than launch from the designated launch docks, must check in at Control Commission to receive their assigned bow number. Crews using their own bow numbers will be automatically issued a Red Card at the start and will not be permitted to race; ROWONTARIO-issued bow numbers must be used.

As well, all boats must undergo a safety check prior to launching for each race. Crews who wish to “wet-launch” must have their boats checked by an Umpire prior to launching. Crews that arrive at the start without being checked will be issued a Red Card and will not be permitted to race.

Lightweight & Coxswain Weigh-In

Weigh-ins will be scheduled in accordance with Rule 2.11 of the 2018 RCA Rules of Racing (2.5 – 1 hour before the first scheduled Lightweight event that day).

There will be no calibrated test scale available.

Coxswains are not required to weigh in.

Course Practice Times

The course will be open for practice on **Saturday July 14th 4:00pm – 6:00pm** and **Sunday July 15th 6:30am – 7:30am**.

There must be a minimum safety boat to crew ratio of 1:4 on the water during practice times, and safety boats and crews may not go past the start gates during practice times. Coaches and crews must sign in at the Regatta Office before launching for practice. Any crew practicing without a designated safety boat will be given a Yellow Card for their first event. The Course will only be open for practice if weather and water conditions permit, at the discretion of the Chief Umpire.

Regatta Office Hours

- Saturday July 14th: 4:00pm – 6:00pm
- Sunday July 15th: 6:00am – 30 minutes after the last race



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ELIGIBILITY

Eligible Athletes

- All athletes and coaches must be listed on the Club's RegattaCentral roster
- Ontario athletes and coaches must be registered active members with ROWONTARIO and RCA through the RCA Web Registration System by June 30th at 11:59pm EST (**All athletes and coaches must be activated in WRS by this deadline**)
- All events are open to athletes from any Club in the world. Non-Ontario Canadian athletes must be registered with their respective Provincial Rowing Association and RCA through the RCA Web Registration System by June 30th at 11:59pm EST. (**All athletes must be activated in WRS by this deadline**)
- Athletes from outside of Canada must be registered with their respective National Rowing Federation
- All international athletes must submit a signed waiver by 7:30am on Sunday July 15th
- Clubs with outstanding fees (including but not limited to Club Membership, athlete registration, entry fees, seat fees) not paid by 7:00am on Sunday July 15th will not be permitted to race in any event.

Age Categories	<ul style="list-style-type: none"> • Age is calculated as of December 31st, 2018 • Competitors (excluding coxswains) shall not be younger than 21 years of age as of December 31st, 2018 • As per the 2018 RCA Rules of Racing, age categories are based on the crew average age (excluding coxswains) 	
	<ul style="list-style-type: none"> • AA: 21-26 • A: 27-35 • B: 36-42 • C: 43-49 • D: 50-54 • E: 55-59 • F: 60-64 	<ul style="list-style-type: none"> • G: 65-69 • H: 70-74 • I: 75-79 • J: 80-84 • K: 85-89 • L: 90+
Lightweights	<ul style="list-style-type: none"> • Men 72.5kg maximum • Women 59kg maximum 	
Coxswains	<ul style="list-style-type: none"> • Coxswains must meet all eligibility criteria, except those related to age, and are not required to weigh-in 	
Mixed	<ul style="list-style-type: none"> • Mixed events must include 50% identified female athletes and 50% identified male athletes (excluding coxswains) 	
Composite	<ul style="list-style-type: none"> • Composite crews must include athletes from at least two different Clubs, each of whom meet the eligibility requirements listed above 	



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Parent-Child 2x

- Parent-Child 2x must include a parent and child who both fulfill the eligibility criteria related to active registration, but are not required to be registered members at the same rowing club

PROGRESSION FORMAT AND MEDALS

All events are straight finals. In events with more than 6 entries, the event will be split at the Regatta Chair's discretion and each race will be considered a final.

Gold, Silver and Bronze medals will be awarded to the 1st, 2nd and 3rd place finishers in races with 4 or more entries.

Gold and Silver medals will be awarded to the 1st and 2nd place finishers in races with 3 entries.

Gold medals only will be awarded to the 1st place finisher in races with 2 entries.

Medals will be awarded at the medal podium at the grandstands by a ROWONTARIO representative.

RCA RULES OF RACING EXCEPTIONS

This regatta will follow the 2018 Rowing Canada Aviron Rules of Racing, with the Exceptions (per Rule 1.6) below:

2.1 The Definition of a Competitor

- All athletes from Ontario clubs must be registered with ROWONTARIO and RCA through the RCA Web Registration System by 11:59pm Eastern Time Saturday June 30th. **(All athletes must be activated in WRS by this deadline)**
- All Coaches from Ontario clubs must be registered with ROWONTARIO and RCA, through the RCA Web Registration System by 11:59pm Eastern Time Saturday June 30th. **(All coaches must be activated in WRS by this deadline)**
- Athletes from Canadian clubs outside Ontario must be members of their Provincial Rowing Association and RCA, through the RCA Web Registration System by 11:59PM Eastern Time Saturday June 30th. **(All athletes must be activated in WRS by this deadline)**
- International athletes and coaches must be members of their National Rowing Federation and must submit a signed waiver to the Regatta Office by 7:30AM on Sunday July 15th.
- National or Provincial Team exhibition entries may be accepted at the discretion of the Regatta Chair. Exhibition entries will not be eligible for medals.
- ALL Competitors will be required to show photo and age identification at the control commission for ALL races and at weigh-ins.



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- Composite entries composed of members from multiple Clubs will be permitted if each individual member fulfills the eligibility requirements listed above

2.6 Weighing of Coxswains

- Coxswains will not be weighed at this regatta

2.8 Masters Age Adjusted Time System

- The Henley Masters Age Adjusted Time System will be used. A copy of the Henley Masters Age Adjusted Time System is available on RegattaCentral and in Appendix 5 of the 2018 RCA Rules of Racing.

2.11 Weighing of Athletes in Weight Restricted Events

- Calibrated test scales will not be provided by the organizing committee at any point.

7.2 Entries

- Entry format approved by ROWONTARIO. RCA registration number is required for all Canadian entries for athletes and coaches.
- Entries may be capped at three (3) per event per club at the Regatta Chair's discretion.
- Entries will be accepted from any rowing club in the world who meet the criteria outlined above. Out of province clubs may enter any event.
- The name of the crew coach must be included with each entry.

7.6 Crew Changes Before the First Heat

- Will be accepted between the dates and times outlined in the regatta package.

9.3 Events with 7 or More Entries

- Will be run as multiple finals, as outlined above.

10.20 Appeals

Appeals against a decision of the Board of the Jury shall be made in writing to the ROWONTARIO Board of Directors.

ENTRY DEADLINES AND PAYMENT TERMS

All entries and all payment of entry fees will be completed through RegattaCentral, without exception. Entries, completed in full, must be submitted online by 4:59pm on Monday July 9th.

Entries for the Parent-Child 2x event will be accepted at the Regatta Office until 1 hour before the posted race time.

Entries will only be accepted with full payment. Any entries for which payment has not been received after the deadline will be deleted.



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Entry Fees

<u>Boat Class</u>	<u>Base Entry Fee</u>		<u>ROWONTARIO Seat Fees</u>	<u>RCA Seat Fees</u>	<u>Total Entry Fees</u>
1x	\$65.00 + HST	\$73.45	\$1.99 + HST = \$2.25	\$3.25	\$78.50
2- / 2x	\$80.00 + HST	\$90.40	\$3.98 + HST + \$4.50	\$6.50	\$101.40
4- / 4x	\$100.00 + HST	\$113.00	\$7.96 + HST = \$9.00	\$13.00	\$135.00
4+ / 4x+	\$100.00 + HST	\$113.00	\$9.95 + HST = \$11.25	\$16.25	\$140.50
8+	\$120.00 + HST	\$135.60	\$17.91 + HST = \$20.25	\$29.25	\$184.50

*All fees are stated in CAD funds.

Late Entries

Late entries will be accepted on a first come, first paid basis. Late entries are subject to lane availability. Late entries will only be accepted in-person at the Regatta Office during the following times:

Sunday July 15th 6:30am – 1 hour before the posted start time of the relevant race.

Late Entry Fees

Late entry fee = regular entry fee + 50%. The late entry fee must accompany the late entry for the late entry to be accepted, without exception. Late entry fees must be paid by cash, club cheque or credit card. Personal cheques will not be accepted. Late entry fees may not be charged to RegattaCentral for future payment, for any reason.

Substitutions

Rule 7.6 (Crew changes before the First Heat) will apply to all crew substitutions. The substitute must meet all eligibility and entry requirements as listed above.

A \$5.00 Name Change Fee will be assessed for all name changes, unless a note from a qualified medical professional is presented to the Regatta Office before end of regular office hours on Sunday July 15th.

Substitution requests will only be accepted in-person and in writing at the Regatta Office during the following times:

Sunday July 15th 6:30am – 1 hour before the posted start time of the relevant race.



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Scratches

All scratches submitted after the entry deadline will be assessed a \$50.00 Scratch Fee.

Crews who miss the start of their race for **any** reason will also be assessed a \$50.00 Scratch Fee.

Scratch Fees will be waived for medical reasons if a note from a qualified medical professional is presented to the ROWONTARIO Office by 4:00pm on Monday July 16th, 2018.

PARKING

Please check RegattaCentral for the regatta parking plan and parking fees.

Parking and vehicular traffic flow will be strictly enforced at all times.

TRILLIUM CHASE POINTS

The ROWONTARIO Masters Championships Regatta is Challenge #4 of the Trillium Chase 1x Challenge Series. The Trillium Chase is a monthly 1x Challenge Series – a single sculler’s ‘Grand Prix’ – organized by ROWONTARIO. Each month, single scullers of all ages will have the opportunity to earn points toward the ROWONTARIO Trillium Cup, which will be co-awarded to the male and female sculler, regardless of category, who wins the most points throughout the Series.

Please review the complete ROWONTARIO Trillium Chase information package online (<https://www.rowontario.ca/wp-content/uploads/2018-TRILLIUM-CHASE.pdf>) for detailed information about the Series.

Athletes will be awarded points toward the **ROWONTARIO Trillium Cup** based on their age or para category.

Categories (age as of December 31, 2018):

Under 13	▪ Born in 2006 or later.	Age 51-55	▪ Born in 1963-1968
Under 15	▪ Born in 2004 or 2005	Age 56-60	▪ Born in 1958-1962
Under 17	▪ Born in 2002 or 2003	Age 61-65	▪ Born in 1953-1958
Under 19	▪ Born in 2000 or 2001	Age 66-70	▪ Born in 1948-1952
Under 21	▪ Born in 1998 or 1999	Age 71-75	▪ Born in 1943-1948
Under 23	▪ Born in 1996 or 1997	Age 76-80	▪ Born in 1938-1942



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Under 30	▪ Born in 1989-1995	Age 81-85	▪ Born in 1933-1938
Age 30-35	▪ Born in 1983-1988	Age 86-90	▪ Born in 1928-1932
Age 36-40	▪ Born in 1978-1982	Age 91-95	▪ Born in 1923-1928
Age 41-45	▪ Born in 1973-1977	Age 96-100	▪ Born in 1918-1922
Age 46-50	▪ Born in 1968-1972	▪ And so on as required... in 5-year increments.	
PR1	▪ Arms and shoulders* *as per the criteria set out in the FISA Para Rowing Classification Requirements	PR2	▪ Trunk and arms* *as per the criteria set out in the FISA Para Rowing Classification Requirements

Female and Male athletes will be ranked separately within each category as separate events.

There are no weight categories or age handicaps in the ROWONTARIO Trillium Chase 1x Challenge Series.

Points will be awarded based on the results of an athlete's earliest 1x race of the day and applied to the appropriate Trillium Chase category, using the birth date entered at time of registration. All competing athletes who compete in a 1x event will be awarded points regardless of the number of entries in an event.

Fastest Time	25 points
Within 0.1-0.9% of Fastest Time	20 points
Within 1-1.9% of Fastest Time	15 points
Within 2-2.9% of Fastest Time	10 points
Within 3-3.9% of Fastest Time	7 points
Within 4-4.9% of Fastest Time	5 points
Within 5% or greater of Fastest Time	1 point
Did not race	0 points

Each category, as well as overall standings, will be posted and updated periodically throughout the regatta and announced at the end of the day, as well as published on the Trillium Chase page on ROWONTARIO's website.

The leader in each category will be recognized as such at the next Challenge in the Series, should they choose to enter that event.