

# Scope

This policy applies to all ROWONTARIO Team Selection processes, applying to all athletes who express an interest or an ability to potentially represent ROWONTARIO at any event.

## **Policy**

ROWONTARIO strives to ensure that all athletes who are registered, and affiliated with rowing clubs who are members in good standing of ROWONTARIO, have equal opportunity to be considered for selection for any team representing ROWONTARIO at any level.

ROWONTARIO will set fair procedures in place to allow athletes opportunities to demonstrate that they meet a minimum level of technical skill, fitness and competition performance. Athletes will be evaluated and ranked based on Performance Evaluation Races and RADAR scores. In some cases, Training Camp participation and performance may be factors in final team selection.

We will strive to ensure that all athletes are aware of the opportunity to be considered for selection. We will work with individuals, if required, to address any barriers they may encounter to having opportunities to demonstrate readiness to participate on a team.

Base requirements to participate on any ROWONTARIO team include:

- Current registered member
- Ontario residency (if away at school, maintaining an Ontario residency as their home address)
- Must not be under suspension or other sanctions for any behaviour including doping
- Must commit to sign an Athlete Agreement adhering to ROWONTARIO policies and Code of Conduct as well as any Athlete Agreements required for the designated event.

Additionally please note, participants for specific individual teams may be required to meet certain guidelines as laid out by the competition they are preparing for, such as age requirements. They will also be required to be available for the entire date range as laid out by ROWONTARIO when the opportunity is presented to athletes.

### **Special Circumstances**

If because of injury, illness, prohibitive causes or extenuating circumstances, an athlete is unable to meet any of the requirements in the selection procedure, the athlete may still be considered for a ROWONTARIO team. They must advise the ROWONTARIO Executive Director in writing of the injury, illness, cause or circumstance as soon as possible. In case of illness or injury, a medical report from a doctor must also be submitted.

### **Appeals**

Any athlete wishing to appeal a selection decision must do so in writing within twenty-four hours of the decision. Appeals should be sent, via email, to ROWONTARIO's Executive Director. Appeals will be reviewed by the Appeals Committee and a decision will be rendered within 72 hours of receiving the appeal. The decisions of the Appeals Committee shall be final.

Board approved last: July 17, 2018 Review date: July 17, 2018



# **Operational Procedures**

## **Awareness of Opportunity**

Once team opportunities have been identified, ROWONTARIO will make every effort possible to share the information both specifically with potential participants and broadly through the ROWONTARIO clubs and membership. The opportunity will be shared on ROWONTARIO's website, social media accounts and in their newsletter. Additionally the High Performance Manager will be available to answer any questions or inquiries about the opportunity.

In all communication regarding the opportunity the associated deadlines will be clearly communicated.

### Selection Criteria to be Considered

### Rower

- 1. Ranking following Performance Evaluation Races based on results
- 2. RADAR scores
- 3. Seat Racing results
- 4. Technical skill and ability to match other athletes
- 5. Boatmanship
- 6. Lightweight athletes should be prepared to make the following maximum weights during selection Males 72.5Kg, Females 59Kg; Weight control and weight management plan could be factors in selection

### Coxswain

- 1. Shell control, steering
- 2. Ability to manage crew and execute plan in practice and racing
- 3. Leadership and motivational skills based on voice recordings
- 4. Leadership during on and off-water practices
- 5. Coach's analysis of voice recorded practices and races
- 6. Ability to make technical corrections of crew bladework and technique during practices
- 7. Ability to work with rowing related technologies
- 8. Ability to assist in rigging and identification of crew needs
- 9. Compatibility with athletes and coaches
- 10. Weight control and weight management plan
- 11. Past experience and success (Note Voice recordings may be requested to assist in evaluating selection criteria)

Last reviewed: July 17, 2018